

Wolves Series
CROSSCOUNTRY MEET
Dreamers Lake Slog

EVENT: INVITATIONAL CROSSCOUNTRY MEET

HOST: Spirit River Regional Academy – SRRA
WHERE: DREAMERS LAKE RECREATION ASSOCIATION
CAMPSITE
WANHAM, AB
(2 miles west and 2 miles south of Wanham)



WHEN: Thursday, September 27, 2018
Registration: 10:00 AM
Coaches meeting: 10:30 AM
Racing Start Time: 11:00 AM

We will be only timing the first 50 runners for each age group

ELEMENTARY:	GRADE	DISTANCE
JUNIOR ELEMENTARY:		
Girls	Grade 1, 2, 3	1.5 km
Boys	Grade 1, 2, 3	1.5 km
SENIOR ELEMENTARY		
Girls	Grade 4, 5, 6	2 km
Boys	Grade 4, 5, 6	2 km
JUNIOR HIGH		
Girls	Grade 7, 8, 9	3 km
Boys	Grade 7, 8, 9	3 km
SENIOR HIGH		
Women	Grade 10, 11, 12	3 km
MEN	Grade 10, 11, 12	6 km
Open Women	Ages 18 – 34	6 km
Open Men	Ages 18 – 34	6 km
Masters Women	Ages 35 +	6 km
Masters Men	Ages 35 +	6 km

FEE: \$5.00 per participant

Make cheques out to Spirit River Regional Academy.

****Peace Wapiti Schools, please send a GL number to dianekushneryk@pwsd76.ab.ca in order to help make your payment. Thanks.

AWARDS: Medallions for 1st and 2nd place
Ribbons to 10th place.
Participation Ribbons for all Elementary Runners

GENERAL INFORMATION:

Depending on the number of registered runners in each event, races of equal distances may be combined.

Blaine Riding or Garth Stone can be contacted at SRRA – 780 864 3696 or at blaineriding@pwpsd.ca or garthstone@pwpsd.ca

ENTER HOW: Scan or e-mail your registration forms in by 3:00 pm
September 23rd in a word document to:

Email: garthstone@pwpsd.ca

****Please note:** When we receive your entries, you will receive an email confirmation from Garth Stone. If you do not receive an email from me, please contact at the school.



Spirit River Regional Academy
INVITATIONAL CROSS - COUNTRY MEET
Thursday, September 27, 2018.

School: _____ Coach: _____
Phone #: _____
email contact: _____
(please print clearly your contact info)

Name	Gender	Grade

Register via:

E-mail: garthstone@pwpsd.ca

Please enter your athletes in groups according to their categories /race codes and gender. Thank you.

Lynn Connell & Blaine Riding & Garth Stone