

Bert Bowes Middle School

9816 – 106th Street, Fort St. John, B.C. V1J 4E6 Ph 785-6717 Fax 785-5043
“..students, staff and parents working and learning together in a caring community”



1st Annual Bert Bowes Bulldogs Cross-Country Bash

Registration and Fees:

- Pre-registration is required. There will be no day of registration. Cheques can be sent in school mail for SD 60 schools or brought to the meet for all participants coming from outside of Fort St. John.
- Cheques can be made payable to **Bert Bowes Middle School**.
- Cost for participation is \$10.00 for Junior/Senior athletes (grade 7-12) and \$5.00 for Elementary athletes (grade 4-6)
- Please email Jen Harrison at jharrison@prn.bc.ca to register.
- Please list all your athletes in the chart. Please copy and send as attachment.
- Registrations are due **Tuesday October 9, 2018**.

Athlete Name	Athlete Category	Athlete Gender	School
	E = Elementary (grades 1-6)		
	J = Junior (grades 7-10)		
	S = Senior (grades 11-12)		

Location:

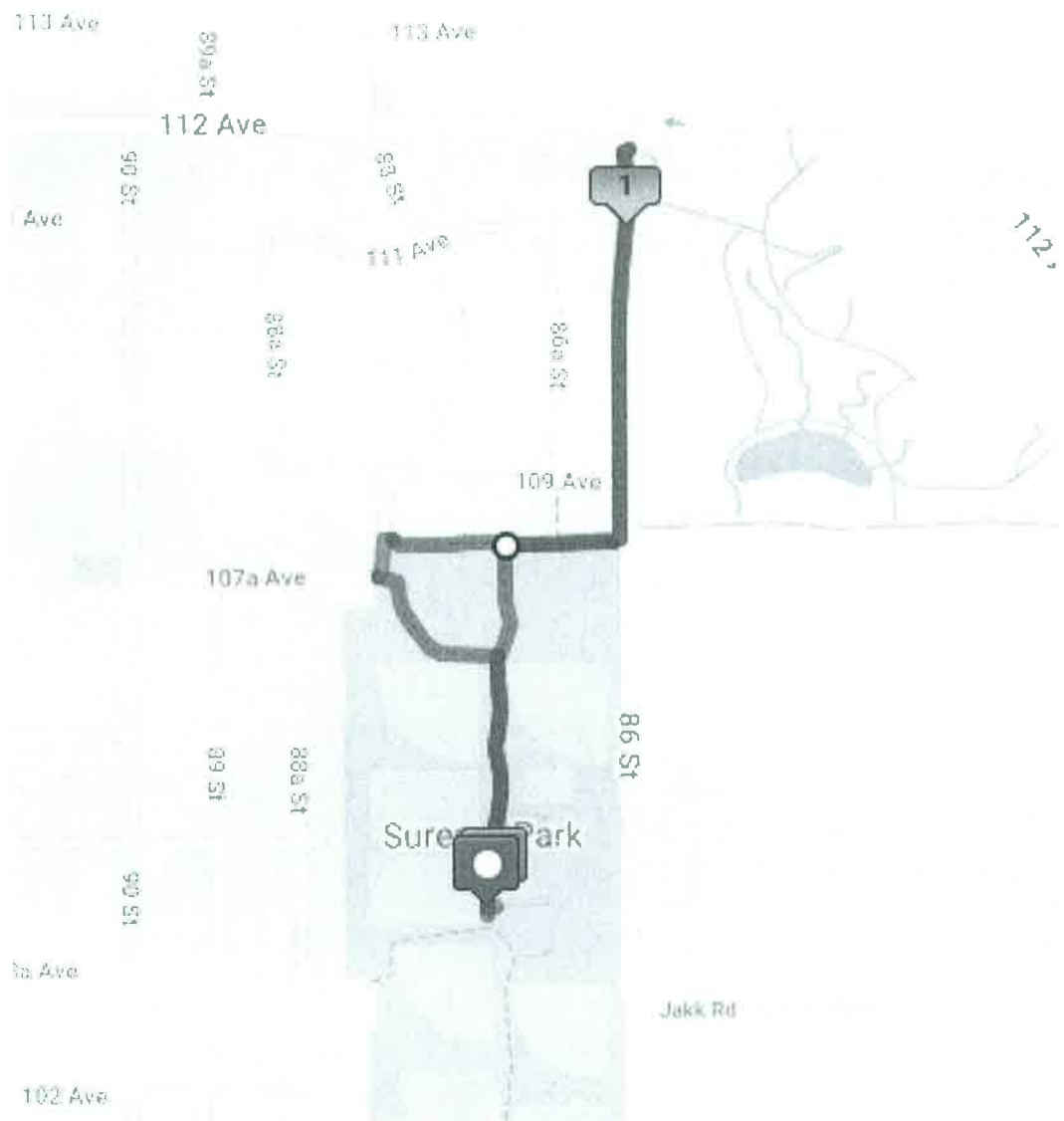
- Surerus Field (Start and Finish)
- Athletes will start at the Sureus Fields and run along the hospital trails.
- Maps attached
- Race subject to weather conditions. Decision will be made no later than **Friday October 12, 2018**.

Time:

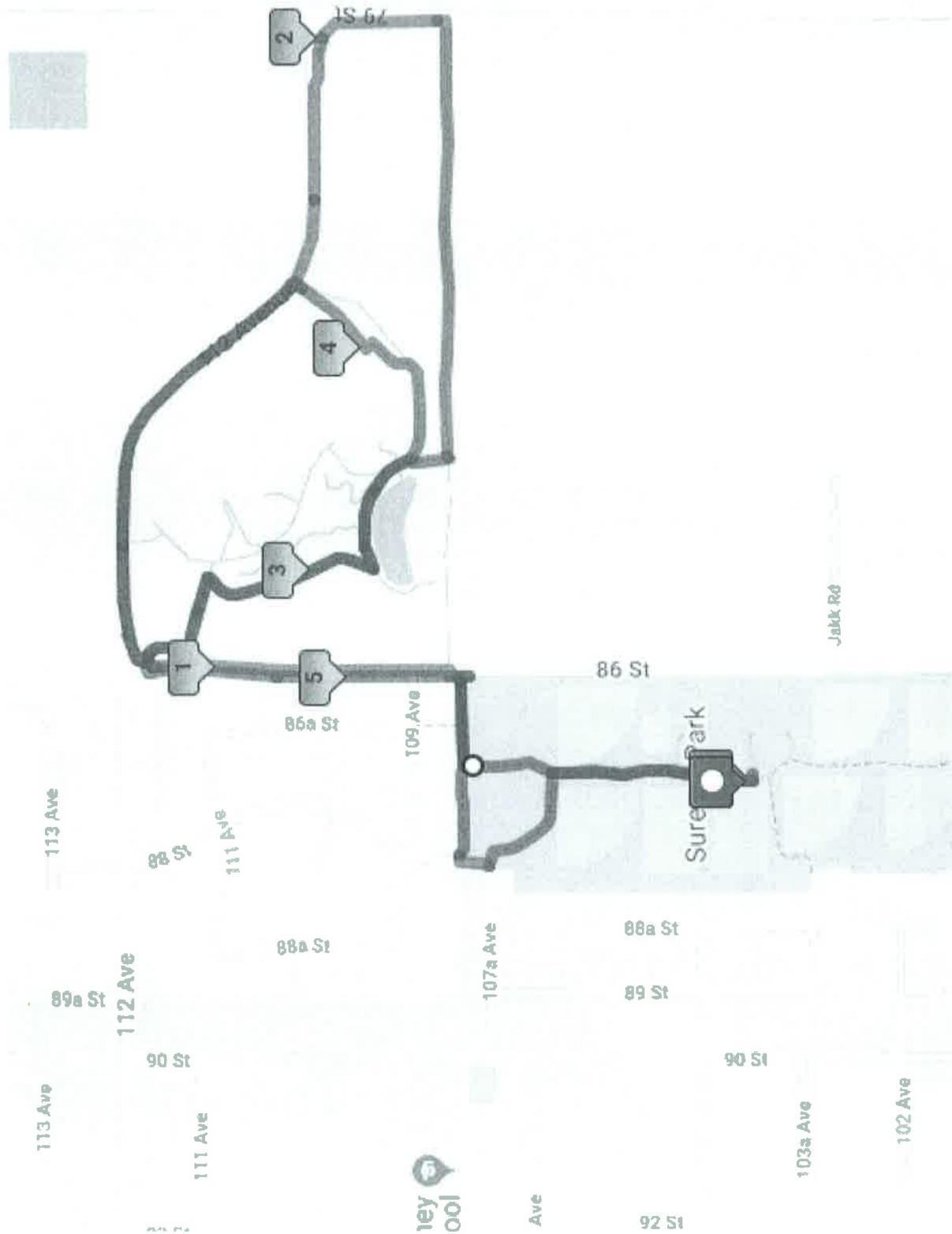
- Junior/Senior = 8:30 am
- Elementary = 9:00 am
- Ribbons will be sent to schools to distribute after the race. There will be no awards on the day of the meet.

Race Map and Distance:

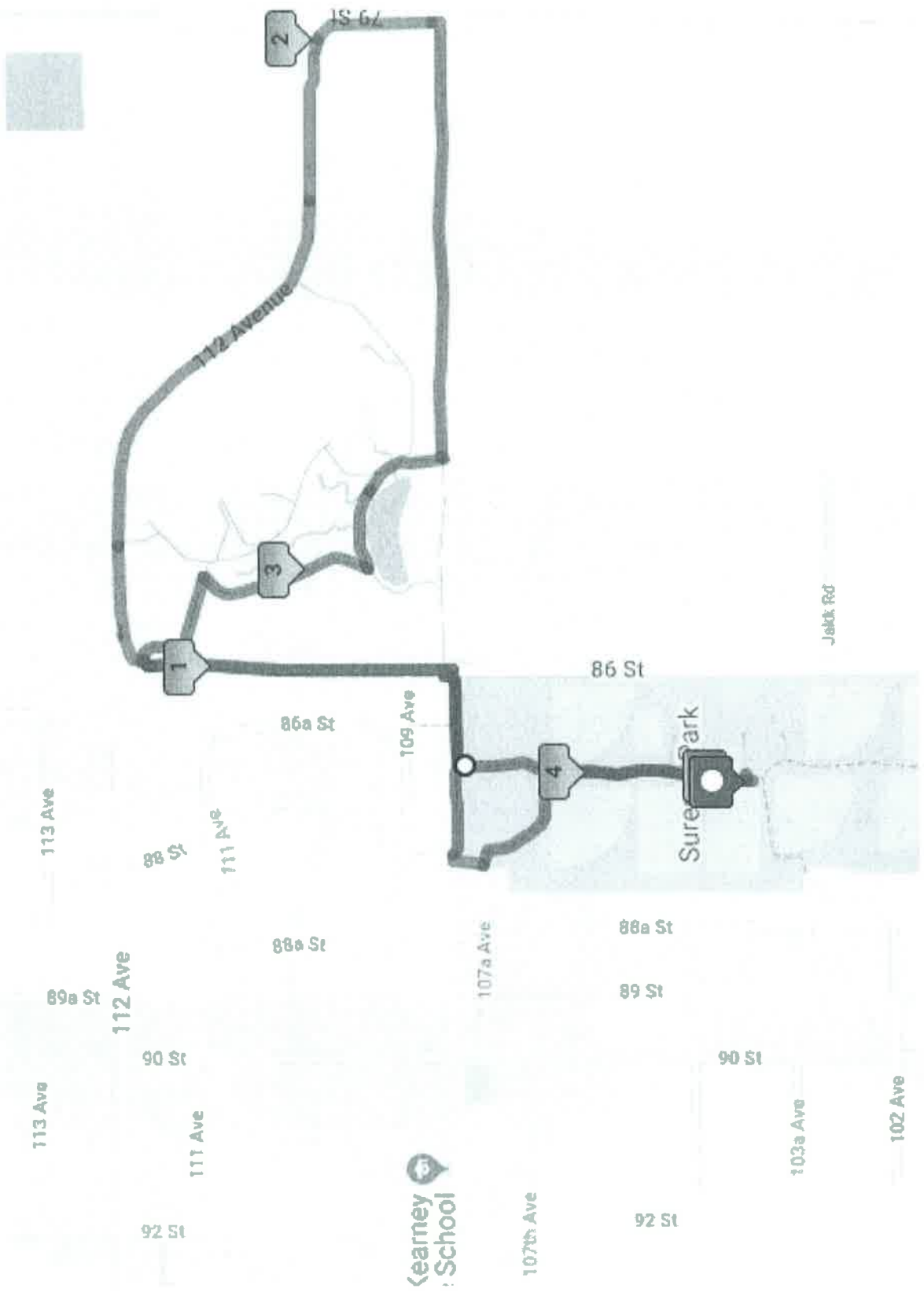
- Elementary (grade 4-6)= 1.96 km
- Junior (grade 7-9) & Senior Girls = 4.2 km
- Senior Boys = 5.63 km



1.96 Km



5.63 km



4.2 km

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