

NW Zone X-C Running Championships

Dreamer's Lake - near Wanham, AB

05-Oct-11

High School - Junior Girls 3000m

1	Katrina Rottmerhuser	Hillside	12:09
2	Kiana Cowger	GP Comp	12:41
3	Machaela Rose	EW Pratt	13:40
4	Emma Broderick	St Joes	13:49
5	Fiona Kato	St Joes	13:51
6	Melanie Fortin	St Joes	13:52
7	Tamica Campbell	High Level	14:14
8	Cassidy Leys	High Level	14:28
9	Meghan Fehr	LaCrete	14:31
10	Adria CiSaroski	EW Pratt	14:32
11	Hailey Winnicky-Lewis	St Joes	14:36
12	Nicole Gagnon	GP Vanier	16:32
13	Jessica Stalenhoef	EW Pratt	16:36
14	Jacqueline Larson	EW Pratt	16:43
15	Yussra Ajaleh	EW Pratt	16:48
16	Paige Wolfe	GP Vanier	17:10
17	Shelly Henkel	EW Pratt	17:54
18	Clay Ce Badger	EW Pratt	18:57
19	Kate Ochrans	EW Pratt	18:59
20	Keyanna Lemay	EW Pratt	19:08
21	Ashley Cairns	EW Pratt	19:14
22	Sharlie Zablouk	EW Pratt	19:46
23	Nikka Johansson	EW Pratt	19:47
24	Sarah Sebo	EW Pratt	19:48
25	Jackie Gauchier	EW Pratt	21:43
26	Blake Wilson	EW Pratt	24:34
27	Cindy Vuong	EW Pratt	24:52
28	Cynthia Daynaka	EW Pratt	NO TIME

High School - Int Girls 4000m

1	Britney Harkness	EW Pratt	18:35
2	Yu Kawano	GP Comp	18:49
3	Samantha Noble	Rainbow Lake	19:21
4	Shae Allongy	Peace River	22:55
5	Katelyn Jaeger	St Joes	23:18
6	Samantha Freeman	High Level	25:22
7	Samantha Greene	St Joes	26:55

8	Arianna Quinn	EW Pratt	30,48
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High School - Sr Girls 4000m

1	Lindsey Fehr	LaCrete	16:57
2	Kelissa Getz	EW Pratt	17:46
3	Keri Alcorn	Peace River	18:02
4	Taylor McKechnie	Rainbow Lake	18:19
5	Constance Isaac	Beaverlodge	18:52
6	Kelsey Johnson	Hillside	19:37
7	Deotinie Getz	EW Pratt	20:56
8	Cheri Millership	Peace River	22:10
9	Hailey Grot	Hillside	25:40
10	Alayna Rennie	Rainbow Lake	25:49
11	Dyanna Monteith	EW Pratt	29:07
12	Jillian Payne	EW Pratt	29:20
13	Dana Barrows	EW Pratt	29:40
14	Hiroe Izawa	EW Pratt	30:02

High School - Jr Boys 4000

1	Jesse Pattison	Eaglesham	14:46
2	Jason Driedger	LaCrete	14:54
3	Davis Rose	EW Pratt	15:29
4	Josh Malmster	GP Comp	15:40
5	Gavin Yellowtree	Rocky Lane	16:15
6	Jam West	GP Comp	16:51
7	Brett Lederer	Rainbow Lake	16:54
8	Jeremy Fehr	LaCrete	17:04
9	Joe Villa	EW Pratt	17:44
10	Steven Gingerich	EW Pratt	17:47
11	Matt Marquardt	EW Pratt	17:50
12	Micheal Halfacre	Rainbow Lake	18:10
13	Josh St. Cyr	EW Pratt	18:45
14	Evert Nasedkin	GP Comp	18:47
15	Joe Bliss	EW Pratt	20:42
16	Tyson Anderson	GP Comp	21:34
17	Dylan Zambonelli	GP Comp	22:02
18	Riley Prevost	EW Pratt	24:29
19	Harvey Anderson	EW Pratt	24:51
20	Wade Lukan	EW Pratt	24:53
21	Keith Nanooch	EW Pratt	28:21
22	Chris Murphy	EW Pratt	NO TIME
23	Keenan Wells	EW Pratt	NO TIME

High School - Int Boys 5000

1	Darien Anctin	GP Vanier	20:35
2	Clint Cardinal	Fort V Public	21:23
3	Tanner Jarvis	SRRA	21:34
4	Cory Smith	Fort V Public	22:32
5	Lane Jensen	Fort V Public	23:21
6	Zak Cloutier	High Level	23:51
7	North Alton	GP Comp	24:21
8	Karsten Mackenzie	SRRA	25:38
9	Nick Dube	EW Pratt	27:03
10	Kyle Gordon	EW Pratt	29:50
11	Chris Boulanger	EW Pratt	29:51
12	Gregory Nobert	EW Pratt	31:42

High School - Sr Boys 6000

1	Hayden Hollowell	Beaverlodge	20:47
2	Trevor Kroeker	LaCrete	24:04
3	Ryan Penner	LaCrete	24:24
4	Cedric Labbe	ENF	24:32
5	Shawn Braun	Rocky Lane	26:56
6	Darryl Krahn	LaCrete	26:34
7	Wendell Laboucan	High Level	27:70
8	Kevin	EW Pratt	25:38
9	Tyler Zabolotniuk	EW Pratt	29:01
10	Brendan Murphy	EW Pratt	29:02
11	Jason Drefs	EW Pratt	
12	Nathan Gingerich	EW Pratt	37:15
13	Evan Sutherland	EW Pratt	37:17
14	Dario Cancino	EW Pratt	40:55

Junior High - JR Girls 2000m

1	Kelsey Bishop	Montrose	8:24
2	Katie Walker	Montrose	8:33
3	Kaylea Morris	LaCrete	8:35
4	Marie Ochran	St. Andrews	9:48
5	Emma Keay	St. Andrews	9:51
6	Renee Boisson	St. Andrews	9:54
7	Jacee Toerper	Helen E T	9:59
8	Sami Gorgichuk	Eaglesham	9:59
9	Keisha Bourque Cunningham	St. Andrews	10:38
10	Shannon Blomert	Eaglesham	10:55
11	Jasmine Smith	Rycroft	11:12
12	Anna Vander Giessen	Bezanson	11:16
13	Brandi Dyck	Ridgeview	11:30

14	Jessica Somera	High Level	12:51
15	Maria Harder	Ridgeview	13:17
16	Samantha Mackinnon	IV Mack	13:53

Junior High - INT Girls 2000m

1	Miranda Cowger	Forbes	7:43
2	Brittney Duvall	Eaglesham	7:52
3	Tina Wolfe	LaCrete	8:07
4	Bailey Morrison	SRRA	8:13
5	Megan Hopkins	D Taylor	8:17
6	Danae Keddie	Montrose	8:21
7	Taylor Wolfe	GP Vanier	8:24
8	Erin Kozyra	Kateri	8:30
9	Elizabeth Bertozzi	Montrose	8:31
10	Jacqueline Jacobsen	Paul Rowe	8:55
11	Janelle Lizaire	Montrose	9:00
12	Shanna Rever	Paul Rowe	9:09
13	Allison Pilgrim	Bezanson	9:21
14	Darian LaValley	Bezanson	9:44
15	Rebecca Tunke	Montrose	9:54
16	Kimi Gorgichuk	Eaglesham	9:58
17	Makayla Reed	LaCrete	9:59
18	Mandy Doerksen	Hillcrest	10:30
19	Shaila Scott	High Level	10:50
20	Jennifer Mader	GP Vanier	11:02
21	Alanna Blanchette	GP Vanier	11:22
22	MJ Heshkamecombs		11:18
23	Alyssa LaValley	Bezanson	11:30
24	Justyce Farnell	High Level	no TIME
25	Samika Mitchell	High Level	NO TIME

Junior High - SR Girls 2000m

1	Kirstina KoersendeBoer	Sexsmith SS	8:09
2	Analise Lehnors	Montrose	8:17
3	Victoria Satjovich	Crystal Park	8:42
4	Katelyn Bridge	Forbes	8:43
5	Shannon Hudson	SRRA	9:23
6	Alexandra Holtz	IV Macklin	9:34
7	Riana Pardell	St. Andrews	10:04
8	Qavah Tiede	IV Macklin	10:14
9	Laurel Gauchier	St. Andrews	11:09
10	Trinity Jones	Fort V Public	12:17
11	Victoria Rozon	IV Macklin	13:04

High - JR Boys 3000m

1	Greg Student	Sexsmith SS	11:49
2	Matthew Davis	St. Gerards	11:52
3	Tanner Fountain	Eaglesham	12:43
4	Issac Bourke	Eaglesham	12:54
5	Luis Blais	St. Gerards	12:57
6	Tristan Werklund	Hillside	13:03
7	Dylan UpShall	Crystal Park	13:40
8	Lucas Scribner	Hillside	13:44
9	Jake Billard	St. Andrews	13:50
10	Travis Doerksen	Hillcrest	13:52
11	Mitchell Driedger	Ridgeview	13:53
12	Rylie Pardell	St. Andrews	13:54
13	Jayde Isaac	Rycroft	14:04
14	Tairas Fournier	St. Gerards	14:18
15	Sam Drozda	Hillside	14:24
16	Dustin Downes	Crystal Park	14:41
17	Dustin Derksen	Ridgeview	14:45
18	Noah Gorgichuk	Montrose	14:49
19	Niel F	LaGlace	15:10
20	Kale Emerson	Eaglesham	15:21
21	Logan Nykolor	LaGlace	15:23
22	Jaden Beaudoin	Eaglesham	15:25
23	Parker Wold	Fort V Public	15:33
24	Cruz Cote	GP Vanier	15:40
25	Wade	LaGlace	15:41
26	Nolan Ashworth	IV Macklin	16:26
27	Brad Doerksen	Hillcrest	17:01
28	David Jones	Bezanson	17:05
29	Flint Scribner	Hillside	18:07
30	Logan Friesen	Ridgeview	18:46
31	Raymond Pol	LaGlace	18:54
32	Liam Johnson	Crystal Park	NO TIME

Junior High - Int boys 3000m

1	Nick Bardak	St. Gerards	11:32
2	Walker Cote	GP Vanier	12:22
3	Matthew Croy	Rocky Lane	12:48
4	Jeremy Labbe	ENF	13:09
5	Michael Driedger	Hillcrest	13:25
6	Matthew Bueckert	Rocky Lane	13:30
7	Dyllon Wieler	Hillcrest	14:35
8	Jeffery Doerksen	Hillcrest	14:15

9	Reece Abrey	Forbes	15:07
10	Ethan Layher	IV Macklin	15:42
11	Nathanial Ouellet	Eaglesham	15:51
12	Liam Lanigan	St. Andrews	16:04
13	Chad Morley	Eaglesham	16:59
13	Dylan LaValley	IV Macklin	16:19

Junior High - Sr Boys 3000m

1	Christan Lambert	Fort V Public	15:05
2	Zac Billard	St. Andrews	15:14
3	Shawn Marcox	Prairie River	15:20
4	Brandon MacGillivray	Rainbow Lake	15:47
5	Connor Johnston	Crystal Park	16:40
6	Kian Gorgichuk	Montrose	16:46
7	Zack Boisson	St. Andrews	16:48
8	Bryce Caignou	IV Macklin	16:53
9	Andrew Dyck	Sexsmith SS	16:54
10	Nathan Helmus	Hillside	17:12
11	Andrew Fast	LaGlace	17:16
12	Jared Jones	Montrose	18:08
13	Chazz Gauchier	St. Andrews	18:23
14	Marvin Doerksen	Paul Rowe	18:40
15	Avery Gete	Prairie River	19:02
16	Cam Henriksen	Forbes	20:39
17	Taylor Wold	Forbes	20:51
18	Jess Banchemo	IV Macklin	20:58