

Wolves Series
CROSSCOUNTRY MEET

The Saints' March

GLENMARY SAINTS INVITATIONAL CROSSCOUNTRY MEET

HOST: Glenmary School (Donald Lee, Coach)

WHERE: Misery Mountain Ski Area

WHEN: Wednesday, September 28th, 2016

Registration: 11:00 a.m.

Coaches meeting: 11:30 a.m.

Racing Start Time: 12:00 p.m.



CATEGORY

GRADE

DISTANCE

JUNIOR ELEMENTARY:

Race Code

JREG Girls

Grade 1, 2, 3

1.5 km

JREB Boys

Grade 1, 2, 3

1.5 km

SENIOR ELEMENTARY

SREG Girls

Grade 4, 5, 6

2 km

SREB Boys

Grade 4, 5, 6

2 km

JUNIOR HIGH

JRHG Girls

Grade 7, 8, 9

3 km

JRHB Boys

Grade 7, 8, 9

3 km

SENIOR HIGH

SRHW Girls

Grade 10, 11, 12

3 km

SRHM MEN

Grade 10, 11, 12

6 km

OPW Open women

Ages 18 – 34

6 km

OPM Open men

Ages 18 – 34

6 km

MSTW Masters women

Ages 35 +

6 km

MSTM Masters men

Ages 35 +

6 km

FEE:

- **\$5.00 per participant**
- **Make cheques out to Glenmary School**

AWARDS:

- **Medallions for 1st and 2nd place**
- **Ribbons to 10th place.**
- **Participation Ribbons for all Elementary Runners**

GENERAL INFORMATION:

- **Depending on the number of registered runners in each event, races of equal distances may be combined.**
- **Donald Lee can be contacted at Glenmary School: 780-624-5656 or by email: donald.lee@hfcrd.ab.ca. (In desperation, you may call my cell phone at: 780-625-5584.)**
- **Check other races in the Wolves race series at: <http://wolvesxcseries.com>**

HOW TO ENTER:

**Fax or E-mail your registration forms in by 3:00 pm on September 23rd to:
Glenmary School Fax: 780-624-3730**

Glenmary School
INVITATIONAL CROSS - COUNTRY MEET
 Wednesday, September 28th, 2016

Entry Form

School: _____ Coach: _____
 Phone #: _____ email contact: _____

Name	Gender	Race Code

Register by September 23rd :

- Fax: 780-624-3730
- Email: donald.lee@hfcrd.ab.ca

Please enter your athletes in groups according to their categories /race codes and gender. Thank you.