

Steve Burgess Memorial X-C Running Race

Saturday, September 11, 2010

Wapiti Nordic Ski Trails – Highway 40 Parking Lot
Grande Prairie, AB

The GPRC Wolves X-Country running team, along with the Wapiti Nordic Ski Club, is pleased to host the 2009 Steve Burgess Memorial cross-country running race. The race honors the memory of Steve Burgess, a true friend of the local running and x-c skiing communities, who passed away in 2001.

Course:

The courses are set on the “old” trails at the Wapiti Nordic Ski Centre. Each course is a single loop on dirt, sand, and forest trails and encompasses a number of small rolling hills. The course is suitable for spikes or flats.

Schedule:

12:30 p.m.	Elementary Boys and Girls (Grade 1 to 3 and Grade 4 to 6)	1.5 km
12:30 p.m.	Junior High Boys and Girls; Senior High Girls	3 km
1:00 p.m.	High School Boys; Open and Masters Women	5 km
1:00 p.m.	Open and Masters Men	8 km

Registration:

- \$7 per athlete (maximum \$20 per immediate family) for pre-registration
- \$5 per ACAC athlete
- \$10 per athletes on race day
- Runners are strongly urged to pre-register. Email (bcorcoran@gprc.ab.ca) or fax (780-539-2796) entries to Bill Corcoran before Thursday, Sept 9 at 4:30 p.m.
- Pick up numbers and pay for entries at the Old Chalet at the Wapiti Nordic Trails after 11:30 p.m. on race day.

Awards:

- Ribbons for the top 3 in each category

Further Information:

Contact **Bill Corcoran** (bcorcoran@gprc.ab.ca) or (780) 539-2735 (w) or (780) 538-2369 (h)